

The 2nd World Congress On Thinking

Towards 21st Century Breakthrough Thinking & Integration Philosophy

in a Turbulent Age

Monday, August 23 10 am~4 pm

Tuesday, August 24 10 am~4 pm

New Methodologies to Help Integrate the Mind, Body and Emotions in Positive and Innovative Ways.

When we examine our mind, body and emotions it is easy to sense some disconnection between these three distinct realms within our being. The Institute for Self Transformation Through Integrative Learning (ISTTIL) was established to research and then develop innovative methods to bring greater harmony and purpose in our individual lives, in our places of work and in our places of learning.

The workshop will give the participants some very practical tools, both theoretical and experiential, based on real life experiences and instructional exercises, that will help integrate our mind, body and emotions in ways that will inspire new ways of thinking and acting that are sure to bring greater creativity, sense of purpose and even joy into our lives. The workshop will be fun, challenging and also very educational. Please wear comfortable clothing.

Facilitator: James MacFarlane / Kumiko Kajitani

Language : English and Japanese

Registration Fee: 10,000 Yen for two days

Chukyo University Center Bul. Room 07B

101-2, Yagotohonmachi Showa-ku NAGOYA



Organizer: The Institute for
Self Transformation Through Integrative Learning
(ISTTIL):

An International Center of Excellence focusing on
innovative methodology and exercises that stimulate
harmony between the Mind, Body and Emotion

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